

Wear the Cape Run the Race

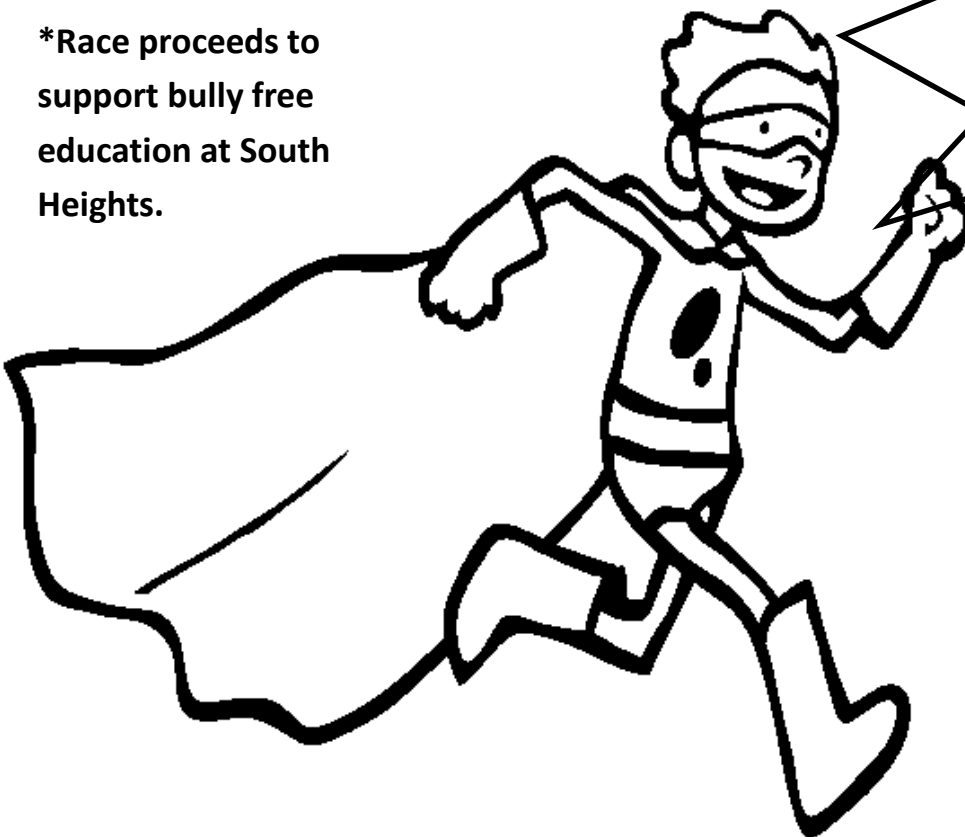
#SHSBullyFree5K

Saturday, October 19,
2013.
3pm at South Heights
Elementary School

Gear up in your favorite Super Hero costume and come join us for the SHS walk/run 5k to support a bully free school and community.

After all, "There is a little super hero in all of us." -Logan Green, age 9

*Race proceeds to support bully free education at South Heights.



Prizes will be awarded for the best costumes and fastest finishers.

\$25.00 per participant or
\$20.00 per participant of
teams larger than 6.

Runner _____
Walker _____

Race Application and Entry Form
Wear the Cape Run the Race
South Heights Elementary Anti Bully 5K
Race Day- Saturday, October 19, 2013
3pm at South Heights

Prior to October 10, race entry fee is \$25.00 per participant or \$20.00 per participant of teams of six or greater. After October 10th entry fee will be increased to \$30.00 per participant and \$25.00 for individuals in a group of six or more. Race day registration begins at 2:00pm at SHS.

Team Name _____ (if applicable)

YS	YM	YL	AS	AM	AL	AXL	AXXL	AXXXL
----	----	----	----	----	----	-----	------	-------

Circle Shirt Size (XXL and XXXL additional \$2.00)

Make Checks payable to:
South Heights Elementary School
1199 Madison Street
Henderson, KY 42420

Name (please print) (one entry form per person)

Last first MI

Male _____ Female _____ Date of Birth _____ Age _____
MM/DD/YY

Address: _____
Street

City State Zip

Daytime Phone: _____ Email _____

WAIVER (Read before signing)

I know that participation in this event is a potentially hazardous activity. I will not enter and participate unless I am medically able and properly trained/ I agree to abide by any decision of any race official as to my ability to safely complete the event. I assume all risks associated with this event, including but not limited to falls, contact with other participants, and effects of the weather including high heat and humidity, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release South Heights Elementary School, Henderson County Schools, the City Of Henderson, One Life, Engage Henderson, race officials, volunteers, and all sponsors from all claims or liabilities of any kind arising out of my participation in this event. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, social media, or any other record of this event for any legitimate purposes. I know that dogs, bicycles, skateboards and in-line skates are not allowed on the course.

Signature of the athlete (Parent's Signature if under 18 years of age) Date