

Run to Remember

5K Run/Walk

May 17, 2014



Time: 9:00 AM (Race day registration begins at 7:30 AM)

Place: Event will begin at the park in Harrisburg, Illinois

Awards: Awards for the top finishers overall male and overall female; Awards also to the top 2 in each age group (no duplication of awards). Age groups in male & female: 19 & Under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+. Each pre-registered entrant in the 5k is guaranteed a T-Shirt.

Pre-

Registration: By May 10th to guarantee a T-shirt

Mail \$20 check made payable to Alzheimer's Association to:

Katy Duncan - 102 Shawnee Dr. - Harrisburg, IL 62946

or online registration available at:

<http://www.active.com/harrisburg-il/running/distance-running-races/a-run-to-remember-2014>

Registration after

May 10th: \$25.00 for all applicants on day of event (T-Shirt is not guaranteed)

ENTRY FORM

Male _____ Female _____ Run _____ Walk _____ T-Shirt Size: S, M, Lg, XL

Name: _____ Age on Race Day: _____

Address: _____ City: _____ State: _____ Zip _____

Phone: _____ E-mail: _____

For and in consideration of the acceptance of my entry in the Run, I agree and certify that I am physically fit, have sufficiently trained for, and am physically capable to participate in the 3.1 mile event. I understand that participation in this race is an inherently dangerous activity and that risks of participation include, but are not limited to, death and serious bodily injury. I assume all risks associated with participating in this event, including but not limited to, the weather, conditions of the road and other race area surfaces, falls, collisions, motor vehicle traffic, and the conduct of spectators and other runners. For myself, my heirs, my administrators and executors, I hereby forever waive, release and discharge the **Southeastern Illinois Alzheimer's Committee**, the **City of Harrisburg, IL** and all of its various departments and employees and officials including the **Harrisburg Park**, and all race sponsors, officials, participants, organizers, planners, volunteers from any injuries sustained arising out of my association with, entry in, or participation in this road race and any pre-, post-, or other race related activities.

SIGNATURE (PARENT'S SIGNATURE IF UNDER 18 YEARS IN ADDITION TO RUNNER'S SIGNATURE)

Date