

Saturday, April 25th 2015

6:30PM



"We rejoice in our sufferings, knowing that suffering produces endurance, and endurance character, and character produces hope." Romans 5:3-4

***This will be a shoe chip timed
Event with post-race meal!!!***

The proceeds from the 2015 Roman Run 5K will benefit Lourdes Family Ministry. The goal of this ministry is to strengthen families in our parish and in our community.

Starting Time:

5k Run/Walk - 6:30pm

The course will begin in the K-3 Campus parking lot and end at the Our Lady of Lourdes parking lot.

Registration:

Pre-register by completing registration form and returning to Our Lady of Lourdes at the address listed by **April 3, 2015**. Packets may be picked up the day of the race beginning at 5:30pm.

Walk-Up Registration available day of race, but we cannot guarantee your shirt size after April 3rd.

Door Prizes:

There will be door prizes awarded to those in attendance at the award ceremony! Each participant will receive a goodie bag as well.

Families:

We encourage participants to walk or run as a family. This is a great way to encourage each other within your family. Make it fun. Dress as a team. Strollers are welcome! You can push your infant/toddler through the race if you wish!

A **Spirit Award** will be given to the group that shows the most spirit. Spirit is best shown through costume, matching outfits, etc.

Awards:

Male and Female
Overall Masters Grandmasters

Awards will be given to the 1st, 2nd, and 3rd place finishers for the following age groups male and female:

10 & Under	40-49
11-14	50-59
15-19	60-69
20-29	70 & Over
30-39	



Lourdes Catholic Church Parish Hall
4029 Frederica St
Owensboro, KY 42301

dmay@lourdescatholicchurch.com

Registration Form:

Pre Reg Race Day

<input type="checkbox"/> 5K Run/Walk (per person)	\$15	\$20
<input type="checkbox"/> Run in Spirit (t-shirt only)	\$15	
<input type="checkbox"/> Family of 3	\$40	
<input type="checkbox"/> Family of 4	\$50	
<input type="checkbox"/> Family of 5 or more	\$60	
<input type="checkbox"/> Team of 7 or more	\$100	

Additional Donation \$ _____

Total \$ _____

Make checks payable to Our Lady of Lourdes

Name _____

Address _____

Phone _____

Email _____

Age _____ Birthdate _____

Male Female

T-shirt size (Check one)

Small Large XX-Large

Medium X-Large

Child's T-shirt Size (Check one)

Small Medium Large

I have read the accompanying event information and understand the policies of the event. I know that running and walking a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with my voluntary participation in this event, including but not limited to, falls, contact with other participants, the effects of the weather, including extreme temperatures, traffic and all conditions of the road, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue and WAIVE, RELEASE AND DISCHARGE Our Lady of Lourdes Catholic Church, the City of Owensboro, all sponsors, race officials, workers or volunteers, their representatives, successors or assigns for ANY AND ALL claims or liability, whether foreseen or unforeseen, for death, personal injury or property damage arising out of, or in the course of my participation in this event. I further grant full permission to the above mentioned sponsors, organizers and or agents authorized by them, to use any photographs, videotapes, motion pictures, recordings or other record of the event for any reasonable purpose.

Signature (Parent or Guardian required if under 18)

Date