

NEWBURGH RIVERTOWN TRAIL 5K & 8K

Saturday, April 30, 2016
9:00 a.m. CT

newburghrivertowntrail.com

Join your fellow runners & walkers for the Newburgh Rivertown Trail 5K & 8K.

Proceeds from the event will be used for the ongoing maintenance and upkeep of the Newburgh Rivertown Trail.

ENTRY FEE

5K Before April 22.....	\$25.00
5K After April 22.....	\$30.00
8K Before April 22.....	\$30.00
8K After April 22.....	\$35.00

* Make checks payable to "Newburgh Rivertown Trail 5K & 8K"

Register online at newburghrivertowntrail.com or mail the completed entry form no later than Tuesday, April 26th:

Newburgh Rivertown Trail 5K & 8K, P.O. Box 6, Newburgh, IN 47629

LATE REGISTRATION & PACKET PICK-UP

Late registration and packet pick-up will be held at the Newburgh Town Hall located at 23 West Jennings Street in Newburgh on Friday, April 29th from 10:00 a.m. through 8:00 p.m. CT. Race day packet pick-up will be from 6:00 a.m. through 8:30 a.m. CT. Late registration ends at 7:30 a.m. on race day.



Photos courtesy of Ellen Sprinkle

NEWBURGH RIVERTOWN TRAIL 5K & 8K

2016 Entry Form

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Daytime Telephone #: (_____) _____ Alt. Telephone #: (_____) _____

E-mail Address: _____

Register as (circle one): 5K Runner 5K Walker 5K Wheelchair Make Donation

8K Runner 8K Walker 8K Wheelchair

Checks payable to "Newburgh Rivertown Trail 5K & 8K"

5K \$25.00 before 4/24 or \$30.00 after 4/24 • 8K \$30.00 before 4/24 or \$35.00 after 4/24

Sex (circle one): Male Female

Date of Birth: ____/____/____ Age on April 30, 2016: _____

T-Shirt Size (circle one): S M L XL

Shirts are guaranteed to the first 250 registrations.

WAIVER. I know that running or walking a road race is a potentially hazardous activity. I should not participate unless I am medically able and properly trained. I also know that, although police protection will be provided, there will be traffic on the course route. I assume the risk of running into traffic. I also assume any and all other risks associated with running this event including but not limited to falls, contact with other participants, the effects of the weather including high heat and/or humidity, and the condition of the roads, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim in my behalf, covenant not to sue, and waive, release and discharge all the sponsors, Town of Newburgh, the Newburgh Parks Board, the State of Indiana, Warrick County, and Race Officials and Volunteers, any and all claims of liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this event. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned waiver grants full permission to all sponsors and/or agents by them to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purposes. Applications for minors will be accepted only with parent's signature.

Participant's Signature: _____ Date: _____

Parent's Signature: _____ Date: _____

(PARENT'S SIGNATURE REQUIRED IF PARTICIPANT IS UNDER AGE 18)

TIMING

Chip timing will be provided by To the Finish, LLC. The chip will be on the bib and is disposable. It will not need to be returned after the race. The chips interact with sensor mats at the start, finish and various locations along the course to provide an actual time. Each participant must wear a race-issued chip in order to receive an official time.

AWARD CATEGORIES

The first 200 finishers will receive the 2016 Newburgh Rivertown Trail medal. First place awards will be presented to overall top male and female runners for each distance. Awards will also be presented to the first, second and third place walkers for each distance (male and female) and first, second and third place wheelchair participants for each distance (male and female). Age group winner awards will be recognized as the first and second place finishers in the age divisions listed below for each distance.

Age Groups (Male & Female)

Under 10	15-19	30-39	50-59	Over 70
10-14	20-29	40-49	60-69	

SCORING

Overall and Age Group Winners will be awarded based on official chip times.

PARKING

Parking for the event is available in downtown Newburgh and at the Newburgh Elementary School.

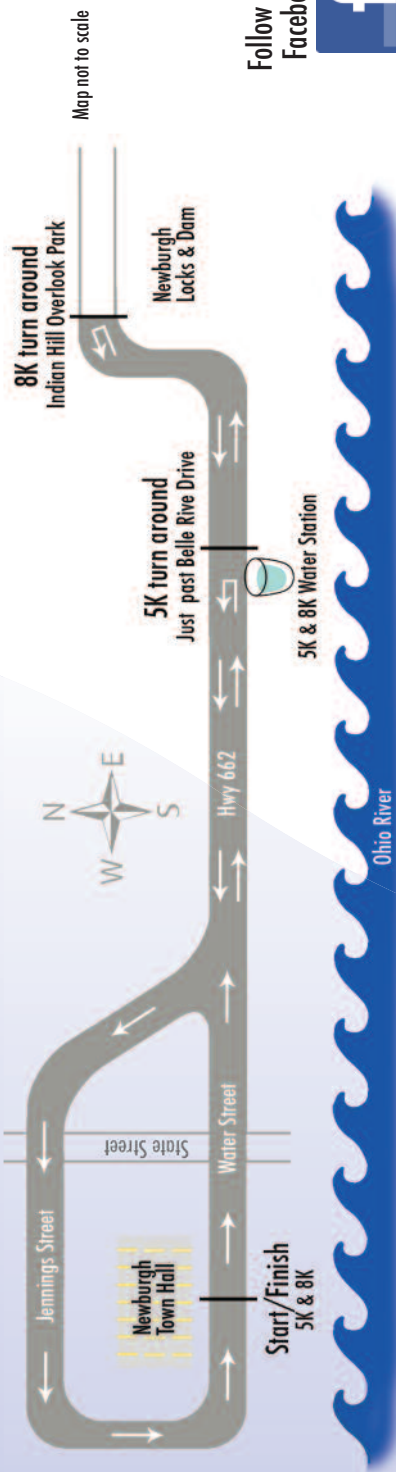
HONORARY RACE CHAIR MICHELLE WALKER,

Michelle Walker is a local mother of six whose passion for running has taken her around the globe. Michelle started running marathons with an original goal to qualify for the Boston Marathon. In May 2015, Michelle completed a feat of running a marathon in all 50 states, with each marathon time being less than 4 hours. She is the 14th woman in the world to accomplish this challenge. Michelle now has certified Boston qualifying times in 40 states. Michelle continues to train weekly on the Newburgh Trail, as she sets new fitness goals. She is currently training for her second Ironman 140.6 was featured in the September 2015 Runner's World magazine. Michelle loves the city and residents of Newburgh. She is thankful to have such a wonderful area to train.



THE COURSE

The entirely paved course will start and finish on Water Street near Town Hall. 5K and 8K participants will follow Water Street east towards French Island Trail. Both courses will continue along the Ohio River and the Newburgh Rivertown Trail. The 5K course will turn around just past Newburgh Presbyterian Church near Belle Rive Drive. The 8K participants will continue along the trail past the entrance to Indian Hill Overlook Park and turn around on Old SR 662. After the turn around, both courses will then follow French Island Trail west to E. Water Street to W. Jennings Street through Historic Downtown Newburgh. All participants will enter the Rivertown Trail at the Aurand Trailhead near Yorkshire Drive. The race will finish on Water Street near Town Hall. Along the way, participants will enjoy the Newburgh Rivertown Trail's spectacular views of the Ohio River and Historic Downtown Newburgh.



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OLD NATIONAL BANK

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