

7th annual **5K Run/Walk**

Sponsored by Mt. Carmel Library Foundation

Saturday, June 8, 2013

at



Mt. Carmel Public Library
727 N. Mulberry St.
Mt. Carmel, IL

- ▶ Check in: **7:15 – 7:45** a.m.
- ▶ Start Time: **8:00** a.m.
- ▶ **Chip Timing**
- ▶ All ages welcome
- ▶ All participants receive wicking T- shirt, water, & fruit.

Entry fees:

- \$20 before May 13 (shirt guaranteed day of event)
- \$25 after May 13 (shirt mailed or picked up after event day)
- Registration forms may be picked up at Mt. Carmel Public Library or request on line at www.mtcarmelpubliclibrary.weebly.com or vsward@frontier.com

Race begins at Mt. Carmel Public Library, 727 N. Mulberry St. Mt. Carmel, IL and follows a route near the scenic Wabash River, ending back at the library.

For more information or to register contact Louise Taylor, Mt. Carmel Public Library: 618-263-3531.

Contact persons: Louise Taylor (618-263-3531) or Don Price, 618-263-3833.

Proceeds will benefit Mt. Carmel Public Library for e-books & technology equipment
MT. CARMEL LIBRARY FOUNDATION

**5 K RUN/WALK
JUNE 8, 2013**

REGISTRATION FORM

Name: _____ **Age:** _____

Address: _____ **City:** _____

State: _____ **Zip:** _____

Email: _____

Sex: Male Female
(Circle one)

Shirt Size: S M L XL 2XL
(Circle one)

I will: _____ walk _____ run

Early Registration fee on or before May 13: \$20.00 (Wicking shirt guaranteed day of race.)

After May 13 including day of race: \$25.00 (Will receive shirt, but not guaranteed day of race.)

Make checks payable to Mt. Carmel Library Foundation

RELEASE

In consideration for the opportunity to participate in the 5K Run/Walk activities being held by the Mt. Carmel Public Library Foundation on June 8, 2013, I on behalf of myself and respective heirs, successors and assigns hereby release, discharge and quitclaim unto the Mt. Carmel Public Library Foundation, Inc. and its Officers, Directors, and Agents and any and all other affiliated parties any claim for injury, loss or damage of any kind to any person or property or that of any of my respective heirs, successors, assigns, and any minor children for which I am parent, custodial parent or legal guardian who may participate in this event any and all expenses and costs however caused arising out of or in connection with the participation of the undersigned or the minor child of the undersigned or the minor child of the undersigned in this event.

The undersigned further acknowledges that he or she has carefully read the above Release and knows and understands all of the contents thereof and further understands and agrees that by signing this release he or she gives up rights and assumes the risk of injury or property damage and signs this Release as their free and voluntary act.

Signature: _____ **Date:** _____

Print Name: _____

This release must be signed by all participants and/or by the parent or guardian if participant is under 18.