



**5<sup>th</sup> annual Lace Up Against Cancer**  
**5K GLOWING FOR A CURE**

A fun family friendly event to benefit the Relay for Life of Mt. Vernon

**Date:** Friday, April 24, 2015  
\*\*Event will take place rain or shine\*\*

**Time:** 8 p.m.

**GLOW RUN?:** What is a Glow Run? A Glow Run lights up the night in a 5k timed event designed for people of all ages and athletic abilities. Runners and walkers alike are welcome to join in for an evening filled with lots of glow and lots of fun!

**Course:** The start and finish lines will be located at Western Hills Country Club. The course will be 3.1 miles, with a 1.5 mile option for walkers.

**Registration:** Preregister with the bottom of this form  
Preregister online at <https://www.raceit.com/Register/?event=32451>  
Late Registration & Packet Pickup, Thursday, April 23, 2015 4-6 PM @ the Elks Lodge  
Day of Race Registration 5:30 – 7:30pm @ Western Hills Country Club

**Cost:** \$20 per participant (Preregistration closes Monday, April 13<sup>th</sup> @ midnight)  
\$65 per immediate family (6 members or less)  
\$150 per group/club/team (10 members or less, example: Cheerleaders, Girl Scouts, Builders Club, etc.)  
All **preregistered** participants are guaranteed a shirt, glow necklace and glow bracelet  
**Registrations after April 13th are not guaranteed a shirt**  
\$30 per participant, \$100 per family, \$200 per group for Late Registration (April 14th-Race Time)  
**8 & under FREE(children will not receive a shirt, unless a registration fee is paid)**

**Questions? Contact Brittaney Johnson @ [johnsonb8809@gmail.com](mailto:johnsonb8809@gmail.com) or 812-319-9027**

**Lace Up Against Cancer 5K Run/Walk**

**\*\*A waiver needs to be filled out for each individual participant\*\***

Name\_\_\_\_\_

Address:\_\_\_\_\_ City:\_\_\_\_\_ ST:\_\_\_\_\_

Zip:\_\_\_\_\_ Male\_\_\_Female\_\_\_ Phone:\_\_\_\_\_

Email:\_\_\_\_\_

Runner:\_\_\_ Walker\_\_\_ T-Shirt Size: (Adult) S M L XL XXL XXXL (Youth) S M L

Registration Fee Enclosed \$\_\_\_\_\_  
(Make checks payable to Relay for Life of Mt. Vernon, Mail to 321 W Lincoln Ave, Mt. Vernon, IN 47620)

Waiver of liability in consideration of your accepting this entry, I the undersigned intending to be legally bound, herby, for myself, my heirs, executors and administrators, waive and release any and all claims for damages, actions and causes of action against the Relay for Life Lace Up Against Cancer 5K, it's organizers and volunteers and the City of Mount Vernon for any and all injuries suffered by me in said event. I attest and verify that I am physically fit and have sufficiently trained for the competition of this run/walk.

Signature (Parent signature if participant under 18)\_\_\_\_\_ Date: \_\_\_\_\_